

THE LIFE OF A PLASTIC BAG

塑膠袋的漂流自白

B1 • L5 Reading Worksheet | 課文閱讀與素養導向學習單 (備課與教學用)

授課年級：高中一年級 單元：Book 1 Lesson 5 難度：CEFR A2-B1



READING PASSAGE *The Life of a Plastic Bag*

★ 紅字標註：核心字彙 / 藍框：常用片語 / 綠底線：關鍵句型

1 I am a **plastic** [adj. 塑膠的] bag. When I was made, I was sent from the factory to a **convenience** [n. 便利] store. I stayed there for a long time, waiting **eagerly** [adv. 熱切地] for someone to use me. One day, some kids came and took me to the beach for a picnic. When it started to get dark, they **packed everything up** and let me stay there alone. Soon, the wind began to howl, and suddenly I was in the sea, floating all **on my own**.

2 I floated **for a while** until I noticed I was **surrounded by** [be surrounded by] many other plastic things—cups, plates, and straws. I **drifted** [v. 漂流] for days and **envied** [v. 羨慕] the birds flying freely above. I could only move with the currents. Then, I went through a tunnel and **ended up** inside a chamber. “What happened?” I asked a fork beside me. “We were just **swallowed** [v. 吞噬] by a big fish!” he said. More and more plastic things came in until it got **crowded** [adj. 擁擠的]. **Obviously** [adv. 顯然地], we were not nutritious, so the fish died a few days later. As it decomposed, I was back in the ocean again.

3 One day, a big wave threw me onto the shore. Some schoolchildren came with bags and tongs. I felt a pinch and then found myself inside a big bag of trash. Their teacher said, “Because of all the littering, a lot of plastic products end up in the sea. They are **consumed** [v. 攝食、消耗] by sea animals, and when people eat seafood, those **poisonous** [adj. 有毒的] **substances** [n. 物質] go into our bodies and make us sick.” A plastic bottle next to me said we were going to a **recycling** [n. 回收] plant. I don’t understand humans—they **produce** [v. 製造] us to make life easier, but they misuse us and cause **harm** [n. 傷害] to the **environment** [n. 環境]. I’m tired of this. I hope my next owner will use me **properly** [adv. 恰當地].

CLASS NOTES • 備課與教學重點指引 (Teacher Reference)

★ 課堂板書與延伸教學建議

① 核心句型 Focus

- be surrounded by 被...圍繞
例：surrounded by many other plastic things
- end up + Prep./adj. 最後處於...
例：ended up inside a chamber / end up in the sea
- cause harm to 對...造成傷害
例：cause harm to the environment

② 關鍵片語 Collocations

- on one's own 獨自、靠自己
- pack up 收拾收拾收拾行李
- recycling plant 資源回收廠
- convenience store 便利商店

③ 詞性轉換 Word Families

- poison (n.) → poisonous (adj.) 有毒的
- consume (v.) → consumer (n.) 消費者 → consumption (n.) 消耗
- proper (adj.) 適當的 → properly (adv.) 正確恰當地
- produce (v.) → product (n.) 產品 → production (n.) 生產



MISSION 1 (Structure Map): 50 / 50

MISSION 2 (Reading Practice): 50 / 50

TOTAL SCORE: 100 / 100

MISSION 1 • READING STRUCTURE MAP

每題 10 分，共 50 分

WORD BANK

convenience⁽¹⁾ | drifted⁽²⁾ | swallowed⁽³⁾ | substances⁽⁴⁾ | properly⁽⁵⁾

1 FACTORY TO BEACH

- Made in factory & sent to (1) **convenience** store.
- Taken to beach picnic, left behind, blown into sea.

【解析】對應第1段 "sent to a convenience store"。

2 OCEAN & SWALLOWED

- (2) **drifted** for days among cups & straws.
- (3) **swallowed** by fish; returned to sea after fish died.

【解析】對應第2段 "drifted for days" 與 "swallowed by a big fish"。

3 CLEANUP & FOOD CHAIN

- Washed ashore; picked up by school cleanup.
- Marine plastics enter food chain with toxic (4) **substances**.

【解析】對應第3段 "poisonous substances go into our bodies"。

4 RECYCLING & APPEAL

- Headed to recycling plant to prevent ocean harm.
- Pleads with humans to use plastics (5) **properly**.

【解析】對應第3段結尾呼籲人類妥善使用塑膠。

MISSION 2 • READING PRACTICE

每題 10 分，共 50 分

(A) Q1 Vocabulary



Eating wild mushrooms can be extremely dangerous because some contain **poisonous** liquids.

- (A) poisonous (C) memorable
(B) convenient (D) sensitive

【考點與解析】poisonous (adj.) 有毒的。干擾排除：(B) 便利的；(C) 難忘的；(D) 敏感的。

(C) Q2 Vocabulary



To prevent traffic accidents, all drivers should obey speed limits and park their cars **properly**.

- (A) accidentally (C) properly
(B) eagerly (D) barely

【考點與解析】properly (adv.) 正確恰當地。干擾排除：(A) 意外地；(B) 熱切地；(D) 幾乎不。

(C) Q3 Big Idea



What is the main goal of telling the story from the perspective of a plastic bag?

- (A) To promote purchasing designer plastic containers. (C) To highlight environmental harm caused by plastic pollution.
(B) To teach students how to start a plastic manufacturing company. (D) To describe the best cooking recipes for ocean fish.

【考點與解析】主旨題。透過塑膠袋第一人稱擬人化自白，突顯塑膠垃圾對海洋生態與人類食物鏈的嚴重危害，故選 (C)。

(C) Q4 Detail



Why did the big fish die a few days after swallowing the plastic items?

- (A) It was attacked by fierce sharks in deep water. (C) The plastic trash provided zero nutrition for its body.
(B) It was captured by fishermen's nets. (D) The water near the beach was too warm to survive.

【考點與解析】細節題。依第 2 段 "Obviously, we were not nutritious, so the fish died a few days later."，故選 (C)。

(C) Q5 Inference



According to the school teacher in paragraph 3, how does marine litter affect human health?

- (A) Microplastics make ocean water taste too sweet. (C) Sea animals eat plastics, passing toxic substances to humans via seafood.
(B) Plastic bags prevent boats from catching clean fish. (D) Ocean trash causes allergic reactions when touching sand.

【考點與解析】推論題。第 3 段老師說明海洋生物誤食塑膠後，有毒物質透過海鮮進入人體導致疾病，故選 (C)。

文 TRANSLATION 課文完整中文翻譯參考，自我核對用



1 我是個塑膠袋。工廠製造後被送到便利商店，後來幾個孩子帶我去海灘野餐，天黑後卻把我獨自留下，一陣狂風把我吹進了大海。

2 我在海中隨波逐流，被大魚吞下肚。魚肚內塞滿塑膠毫無營養，幾天後大魚死亡腐爛，我又重回海洋。

3 大浪將我沖上岸，學童淨灘將我夾起。老師說明塑膠流入大海被生物攝食，有毒物質最終透過海鮮進入人體。人類製造我們帶來便利卻又濫用危害環境，希望下一位主人能妥善使用我。