



FIRSTS IN LIFE

生命中的第一次

B1 • L1 Reading Worksheet / 課文閱讀與素養導向學習單

班級 _____ 座號 _____ 姓名 _____

【教師備課與課堂講解專用】

READING PASSAGE

Listen, read, and add the notes you need. 📝

1 A few years ago, I had my first online class. It was **memorable** [難忘的 adj.] because I could study in my pajamas. Once, my grandmother **yelled at** [對...大喊] me to try her **perfect** [極好的 adj.] noodles, and the rest of the class heard it. Another time, my teacher **accidentally** [意外地/不小心 adv.] turned on a funny filter and looked like an alien. We all laughed a lot. Online classes were fun, but I **realized** [領悟/意識到 v.] that I **enjoyed seeing** [enjoy+Ving 享受] my classmates **in person** [親自/實體] more.

2 I still **recall** [回想/回憶 v.] my first **failure** [失敗 n.] at school. I **skipped** [缺席/略過 v.] group meetings and didn't prepare for our presentation. When I stood on the stage, I felt nervous and unprepared. I **ruined** [搞砸/毀掉 v.] the talk, and my classmates were **embarrassed** [感到尷尬的 adj.] and **depressed** [沮喪的 adj.]. This experience upset me, but it **reminded** me to prepare well and to **put my team first** [remind sb to V / 以團隊為先].

3 My first foreign trip was to Seoul, South Korea. The busy streets, Korean barbecue, and kimchi were **a treat for my senses** [感官盛宴/一大享受]. I visited old buildings and **dressed up in** [穿上/盛裝打扮] **traditional** [傳統的 adj.] Korean clothes. My Korean was poor, but **fortunately** [幸運地 adv.], people were very friendly. At the end, I **left with** [帶著...離開] many happy memories.

4 High school **is full of** [充滿 = is filled with] firsts. They may be funny, embarrassing, or wonderful, but they all **help us grow up** [help sb (to) V / 幫助成長].

CLASS NOTES | 教師重點備課與解題摘要欄

Grammar Patterns • Essential Collocations • Word Families

① 核心句型 Focus

- **remind + sb + to V** (提醒做...)
→ It reminded me to prepare well.
- **enjoy + V-ing** (享受...)
→ enjoyed seeing friends
- **help + sb + (to) V** (助成長)

② 關鍵片語 Collocations

- **in person** (親自/實體見面)
- **put ... first** (以...為優先)
- **dress up in + 服裝** (盛裝穿著)
- **be full of** (充滿 = filled with)
- **a treat for senses** (感官享受)

③ 詞性轉換 Word Families

- fail (v.) → **failure** (n.) 失敗
- memory (n.) → **memorable** (adj.) 難忘的
- embarrass (v.) → **embarrassed** (adj.) 人感到尷尬 / embarrassing (adj.) 事令人尷尬
- tradition (n.) → **traditional** (adj.)



MISSION 1 (Structure Map)	MISSION 2 (Reading Practice)	TOTAL SCORE
50 / 50	50 / 50	100 / 100

MISSION 1 • READING STRUCTURE MAP 每題 10 分，共 50 分

WORD BANK

memorable (4)

embarrassed (3)

traditional (5)

failure (2)

reminded (4)

1 FIRST ONLINE CLASS

- First online class experience.
- It was a (1) **memorable** experience.
- 【解析】對應第 1 段 "It was memorable..."。填入形容詞「難忘的」，修飾名詞 experience。
- Grandmother yelled loudly.
- Teacher turned on a funny filter.
- Realized preferred classmates in person.

2 FIRST FAILURE

- Experienced her first (2) **failure**
- 【解析】對應第 2 段 "my first failure at school"。her first 後接名詞「失敗」。
- Skipped group meetings.
- Classmates felt (3) **embarrassed**
- 【解析】對應第 2 段 "classmates were embarrassed..."。連綴動詞 felt 後接形容詞「尷尬的」。
- This experience (4) **reminded** her to put the team first.
- 【解析】對應第 2 段 "...it reminded me to..."。過去式動詞「提醒」，搭配 remind sb to V。

3 FIRST TRIP ABROAD

- Traveled to Seoul, South Korea.
- Enjoyed Korean food and (5) **traditional** clothes.
- 【解析】對應第 3 段 "dressed up in traditional Korean clothes"。形容詞「傳統的」修飾 clothes。
- Friendly people gave her many happy memories.

4 THE VALUE OF FIRSTS

- Firsts can be funny, embarrassing, or wonderful.
- They help us learn and grow up.
- 【段落總結】各種「第一次」皆是高中學習與自我成長 (grow up) 的重要養分。

MISSION 2 • READING PRACTICE 每題 10 分，共 50 分

(B) Q1 Vocabulary

Winning the singing contest was the most **memorable** moment of Leo's life; he will never forget it.

- (A) boring (C) lazy
(B) **memorable** (D) dangerous

Answer: B

【考點與解析】後句「he will never forget it (永生難忘)」為解題線索，故選 (B) memorable (難忘的)。干擾排除：(A) boring 無聊的、(C) lazy 懶惰的、(D) dangerous 危險的，均與後文矛盾。

(A) Q2 Vocabulary

The teacher **reminded** the students to review their notes before the test tomorrow.

- (A) **reminded** (C) stopped
(B) shouted (D) broke

Answer: A

【考點與解析】固定句型 remind + sb + to V (提醒某人做某事)，符合「老師提醒學生考前複習筆記」之意。排除：(B) shouted 通常接 at；(C) stopped 停止；(D) broke 打破，語意不通。

(C) Q3 Big Idea / 主旨題

What is the main idea of this reading?

- (A) Online classes are always better than real classes.
(B) Traveling abroad is the only way to make friends.
(C) **Different "firsts" in life help students learn and grow up.**
(D) Skipping group meetings is an easy way to succeed.

Answer: C

【考點與解析】全文透過三位主角經歷，並於第 4 段總結「High school is full of firsts... they all help us grow up」，貫穿主旨正是 (C)。干擾排除：(A) 與事實相反；(B) the only way 過度推論；(D) 跳會導致失敗，非成功途徑。

(B) Q4 Detail / 細節題

Why did Claire feel nervous and ruin her group presentation?

- (A) She had to wear traditional clothes on stage.
(B) **She skipped meetings and did not prepare.**
(C) Her teacher turned on a funny alien filter.
(D) She forgot how to speak Korean.

Answer: B

【考點與解析】第 2 段明確寫道「I skipped group meetings and didn't prepare for our presentation. When I stood on the stage, I felt nervous and unprepared. I ruined the talk...」，故選 (B)。排除：(A)(D) 為 Nancy 韓國行細節；(C) 為 Robbie 線上課濾鏡。

(A) Q5 Inference / 推論題

What can we infer about Nancy from her story?

- (A) **She enjoyed her trip even though her Korean was not good.**
(B) She decided never to eat Korean barbecue again.
(C) She spoke fluent Korean before going to Seoul.
(D) She was very angry because nobody helped her.

Answer: A

【考點與解析】第 3 段敘述「My Korean was poor, but fortunately, people were very friendly. At the end, I left with many happy memories。」，顯示雖韓語不佳仍留下美好回憶，推論出 (A)。排除：(B) 烤肉為感官享受，未說不再吃；(C) 韓文 poor 非流利；(D) 當地人友善，未生氣。

TRANSLATION 課文完整中文翻譯參考，自我核對用

1 幾年前，我上了我的第一堂線上課。那是一次令人難忘的經驗，因為我可以穿著睡衣上課。有一次，我奶奶大聲喊我快去吃她煮的絕妙麵條，全班同學都聽到了。還有一次，老師不小心開啟了一個搞笑的濾鏡，看起來就像個外星人。我們大家都笑得合不攏嘴。線上課程很有趣，但我意識到自己其實更喜歡親自見到同學。

3 我的第一次國外旅行是去南韓首爾。熱鬧繁忙的街道、韓式烤肉與泡菜，為我的感官帶來一場盛宴。我參觀了古老建築，還換上了傳統韓服。我的韓文很差，但幸運的是，當地人都非常友善。最後，我帶著許多美好的回憶離開。

2 我至今仍記得在學校的第一次失敗。當時我缺席了小組討論，也沒有為我們的簡報做準備。當我站在台上時，感到既緊張又毫無準備。我把這場報告搞砸了，我的組員們感到既尷尬又沮喪。這次經驗讓我非常難過，但也提醒了我必須做好充分準備，並把團隊利益放在第一位。

4 高中生活充滿了各種「第一次」。它們或許有趣、令人尷尬，或者無比精彩，但這些經驗都在幫助我們成長。